

# GUIDE to Dementia Care

## What is GUIDE?

**Guiding an Improved Dementia Experience (GUIDE)** is a new program from the Centers for Medicare and Medicaid Services (CMS) to help care for people with dementia. The goals of the GUIDE program are:

- To improve quality of life for people living with dementia.
- Reduce strain on their caregivers.
- To help people living with dementia remain in their homes.

## Who Provides GUIDE Care?

AuthoraCare Collective is a CMS-approved GUIDE program provider. We can offer a Care Navigator who will help you or your loved one with your dementia journey.

## Who Can Benefit From GUIDE?

- **Patients with dementia:**  
The GUIDE program is available to those with dementia at any stage.
- **GUIDE is limited to patients living at home:**  
To qualify, the patient must be living in their home, or an independent or assisted living facility.



- **Patients must use the Medicare benefit:**  
Participants must be enrolled in Medicare Parts A and B.
- **Who cannot access GUIDE services:**  
Those ineligible include anyone:
  - Living in a long-term skilled nursing facility.
  - Enrolled in a Medicare Advantage Plan, including Special Needs Plans.
  - Enrolled in Hospice or a PACE program.

## Where Can I Get GUIDE Services?

Helpline Support is available 24/7 and AuthoraCare will coordinate respite services based on needs. Respite care may be provided in the home, an adult day care, or a 24-hour facility.



## What Services Will GUIDE Provide?

For qualified GUIDE participants, AuthoraCare will provide a Care Navigator who will:

- Complete a comprehensive assessment.
- Provide care planning with ongoing monitoring and support.
- Offer care coordination and transitional care management.

In addition, based on needs, we will offer referrals and coordination for support services and provide caregiver education and support.

## How Much Do Services Cost?

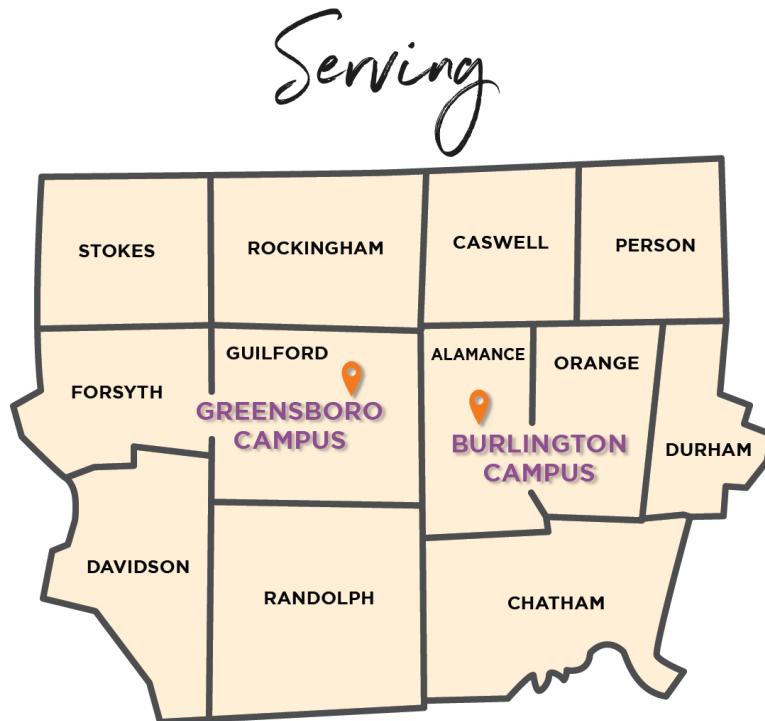
GUIDE is a Medicare benefit for those who qualify. No request for payment will be made. All services are billed directly to Medicare.

## Can I Still See My Own Doctor?

Yes. You will continue to see your primary care provider and medical specialists while our GUIDE Care Navigator works with you. In fact, you are encouraged to continue having regular visits with your primary provider.

## How Do I Get GUIDE Care?

Contact our Integrated Health Services department at 336.621.7575 and request services.



[authoracare.org](http://authoracare.org)   
Phone (24/7) 336.621.7575

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